

THE BRITISH TRIATHLON ASSOCIATION SOUTH EAST REGION

AMPHIBIANS 2

TEAM SPRINT RELAY CHAMPIONSHIPS

Incorporating the Garry Kempster memorial award to the first S.E. region team

SUNDAY 6th SEPTEMBER 2009

Start **8.00** a.m.

(registration Saturday 5th 11.00a.m.-1.00p.m. + Race day 6.00a.m – 7.30a.m)

SOUTHWATER COUNTRY PARK,

WEST SUSSEX, RH13 7UN (just off the A24 south of Horsham)

SWIM 400 m CYCLE 18.5 km RUN 3.8 km

(Individual competitor distances)

TEAM CATEGORIES:

**Male Senior, Male Vet, Male Supervet, Female Senior, Female Vet,
Female Supervet, Junior & Mixed (min. one female)**

ENTRY £75 PER TEAM NO EXCEPTIONS

BTA licenses to be shown at registration and then £3 per person levy will be refunded

T-SHIRT for all competitors.

HOT SHOWERS, CHANGING FACILITIES, CAFÉ, BBQ

Each team consists of three competitors, who complete the course as follows. Team member No. 1 will take part in the mass swim start, followed by the 18.5 km cycle, and the 3.8 km run before handing over to team member No. 2 who follows the same course and then hands over to team member No. 3. The team's time will be calculated as team member No. 3 finishes the course, each team member's total time will be recorded, but not their split times. There is no limit to the number of teams per club, but each team must be individually named on a separate entry form (photocopies can be used). Mixed age category teams will be classed as "Senior". Minimum competitor age: 14 on race day.

Please complete ALL details clearly.

Team Name	Club
1. Captain	Address
BTA Member Yes/No BTA No.	
Age on race day	Post code
Tel	Email
2. Name	Address
BTA Member Yes/No BTA No.	
Age on race day	
Tel	Post code
3. Name	Address
BTA Member Yes/No BTA No.	
Age on race day	
Tel	Post code

Please circle team category below

Male Senior 19-39	Male Vet 40+	Male Supervet 50+	Female Senior 18-39	Female Vet 40+	Femal Supervet 50+	Junior Under 18	Mixed Min 1 female
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Entry conditions:

1. We accept this event is run under BTA rules and we agree to acquaint ourselves with and abide by these rules and any other instructions that event officials may give.
2. We are aware that our cycles must be in a roadworthy condition and may be checked prior to the event and that the wearing of an approved helmet is mandatory.
3. We understand that it is our responsibility to navigate the course lawfully and that the organisers will in no way be held responsible for any injury or loss that we incur in this event. We participate entirely at our own risk.
4. We declare that to the best of our knowledge we are medically fit to take part in this event.

Captain's Signature..... **Date**

(or Club Team Leader for multiple entries)

Please return this form with **cheque payable to Amphibians 2 Tri Club** and one SAE (A5 size, correct postage, for race instructions) to: **Race Secretary, Southwater Sprint Relay Triathlon, 64 Blakes Farm Road, Southwater, West Sussex, RH13 9GQ.**

Results will be posted on our website at www.a2tri.com

Cancellations may be refunded if a replacement team can be found, but only if more than one week before the event.

For any further information phone 01403 267539 / 0794 1132761 (Kirsten) or Email relay@a2tri.com

CHECKLIST

Have you enclosed full money by signed cheque (BTA levy will be refunded on race day)?

Have you signed the form?

Have you supplied a team name?

Have you enclosed one stamped addressed envelope *with the correct postage?* (Insufficient postage causes delays and further expense, and may mean your team does not get a place.)

CHIP TIMING

We had considered using chip timing this year, but have decided to find out instead if it is something our competitors would like or not.

The benefits are that each competitor gets their own split times, and results may be available to view as they come in, depending on the system used.

However, on the downside, it would be quite expensive to run, and so would mean an increase in entry fees, possibly up to £5 per competitor, i.e. £15 per team.

Within our club opinion is divided, so we would like to know what you think. Please tick the boxes below and send this page back with your entry form. We've put space for each competitor to vote, so we can get as many people's views as possible.

If you haven't yet finalized your team, don't let this delay your entry. We'll just be grateful for any responses at any time up to race day.

	YES , I'd be willing to pay extra for the added benefits of Chip Timing	NO , I'd rather keep costs down and stick to total times only
Competitor 1		
Competitor 2		
Competitor 3		